

Breakout Descriptions

Pastoral Care 101 The Rev. Steve Sexton regularly guides persons in the skills of listening, compassion, and caring as the Director of the Department of Pastoral Care at the University of TN Medical Center. He will offer some new ideas on providing such caregiving in these times of anxiety.

The Practice of Meditation The Rev. Mary Lee Bergeron has spent her initial career as a physical therapist. Using those skills and also her spiritual gifts she has long been seen as a person with healing touch. She will model for us her use of meditation for healing.

Self-care for the Caregiver Co-presenters, the Rev. Dan Taylor and the Rev. G. David Lovett, D. Min., are responsible daily for encouraging the self-care of many clergy across our area.

The Use of Scripture will be co-led by Rabbi Beth Schwartz and Father Ragan Schriver. They will offer not only a few key scriptures, both from the Hebrew and Christian texts, but also some tools on how to use these texts in giving care.

Tai Chi as Spiritual Discipline will be taught by Diane Lemieux, Ph.D. Dr. Lemieux uses the tenets of Tai Chi in her daily psychology practice. Demonstrations of this art by the Tai Chi society of Knoxville will occur also.

Types of Applied Prayer will be the focus presented by the Rev. Dr. Bill Shiell and the Rev. Dr. Howard Hess. Each is the senior minister of his congregation. They will use the prayer traditions of their own faith and those of other faiths as well.

A Pastoral Approach to Caregiving in an Ailing Economy



Episcopal Church of the Ascension
800 Northshore Drive
Knoxville, TN 37919

New Tools for a New Reality:

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A Pastoral Approach to Caregiving in an Ailing Economy

Thursday, Nov. 12, 2009

Episcopal Church of the Ascension
800 Northshore Drive
Knoxville, TN 37919



Special Thanks to Knoxville Ministerial Association for their generous support of this event and to Mercy Health System for printing.

For More Information:

Catholic Charities of East Tennessee Inc.
865-524-9896 ext. 101

or
freddi@ccetn.org

Workshop Description

You will want to attend this one-day pastoral care conference to equip yourself for ministry and caregiving during this time of economic distress and downturn. The conference is designed to aid clergy and lay caregivers, as well as other helping professionals and their staffs to deal with the emotional and spiritual impact of the ailing economy on your clients, congregants, and other community members.

Outline for the Day

8:30 am	Registration & Sign-in
9:00 am	Interfaith Service
9:45 am	Keynote Opening Session
10:30 am	Break for networking
11:00 am	Morning break-outs
12:00 pm	Lunch with speaker
1:00 pm	Afternoon break-outs
2:00 pm	Wrap up and evaluations

Ψ **Seated massage will be available throughout the day**

Breakout Session Options

Morning Session 11:00 - 12:00

- Option 1 - Pastoral Care 101
- Option 2 - The Practice of Meditation
- Option 3 - Self-care for the clergy/
professional/caregiver
- Option 4 - Use of Scripture in Caregiving

Afternoon Session 1:00 - 2:00

- Option 1 - Self-care for the clergy/
professional/caregiver
- Option 2 - Tai Chi as Spiritual Discipline
- Option 3 - Types of Applied Prayer

Keynote Address

The Rev. George Doebler will deliver the keynote address for this workshop from 9:45 - 10:30 am. Rev. Doebler, an ordained pastor in the Evangelical Lutheran Church in America, served as Director of Pastoral Care Department of the University of TN Medical Center from 1985 - 2007. He was Chief of Chaplains with the TN Department of Mental Health from 1972 - 84. He is the past Executive Director of the Association of Mental Health Clergy.



Rev. Doebler has long been known for his understanding and expertise in the Family Systems work of Rabbi Edwin H. Friedman. Friedman's Generation to Generation has been a standard text in the field of pastoral ministry. The newly released book, A Failure of Nerve: Leadership in the Age of the Quick Fix, will help inform part of this address.

Work/Fun Lunch

The Rev. Charles W. Maynard will be our lunch speaker. Rev. Maynard is an Ordained United Methodist minister, Director of Development for Holston Conference Camp & Retreat Ministries, author and storyteller. He previously served as Director of Advancement for the International Storytelling Center in Jonesborough, TN. His stories will shed a different light on the topic of the day and will give each participant some lasting mental images to deal with "Caregiving in an Ailing Economy."



Registration Form

Sign up for:

Morning Session

- ◇ Pastoral Care 101
- ◇ Practice of Meditation
- ◇ Self-care for the Caregiver
- ◇ Use of Scripture

Afternoon Session

- ◇ Self-care for the Caregiver
- ◇ Tai Chi as Spiritual Discipline
- ◇ Applied Prayer Types

Name _____
Address _____
City _____ State _____
Zip _____ Phone _____
Agency _____
E-mail _____

Registration deadline November 1

- ◇ CEUs Requested [Other Licenses]

A Certificate of Attendance will be available for all participants

Lunch Preference

- ◇ Please reserve a vegetarian meal

*Full-day fee \$25.00 (includes lunch)
CEUs \$5.00 additional*

**Make checks payable to
Catholic Charities - Conference**

Mail to:

**3009 Lake Brook Boulevard
Knoxville, TN 37909**